

# State Substance Use and Opioid Response

Jeremy Drucker | Assistant Commissioner and Director



## Substance Use Disorder: Minnesota Impacts

Substance Use Impacts

Opioid Use Impacts

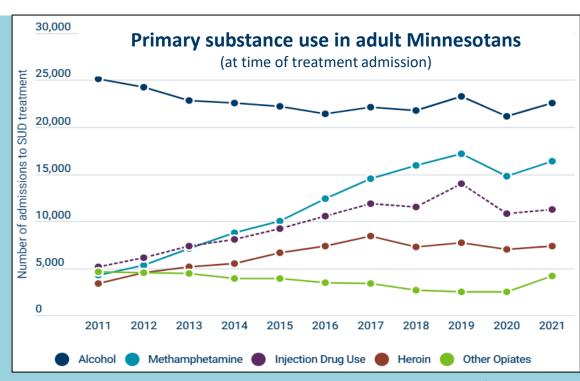
Opioid Population Impacts

In 2023 48.5 million Americans (17% of people) experience substance use disorder in the last year.

In addition to the physical, emotional and social impact, it has tremendous financial costs.

cost Minnesotans \$7.85B in 2019 through loss of productivity, healthcare and other costs





Source: Minnesota Department of Human Services,
Drug and Alcohol Abuse Normative Evaluation system (DAANES)

In 2022, about 62,000 people were admitted to Substance Use Disorder treatment programs.

# Substance Use Disorder- Opioid Use

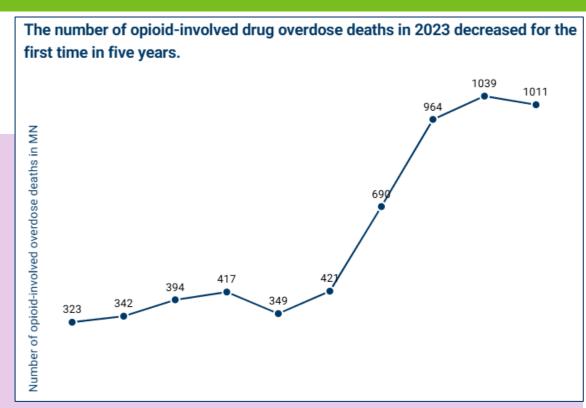
Substance Use Impacts

Opioid Use Impacts

Opioid Population Impacts

In 2023, about **9 million Americans**, 12 or older misused opioids in the last year

- In Minnesota, Opioid overdose deaths increased by 43% from 2020 to 2022.
- In 2023 and 2024 overdose deaths began to decline for the first time in 5 years



In Minnesota, the number of opioid-involved overdose deaths has more than doubled since 2019

## Substance Use Disorder- Population impacts

Substance Use Impacts

Opioid Use Impacts

Opioid Population Impacts

In 2021, there were 312 nonfatal hospital visits for opioid overdose among Minnesotans aged 15-19 yrs.

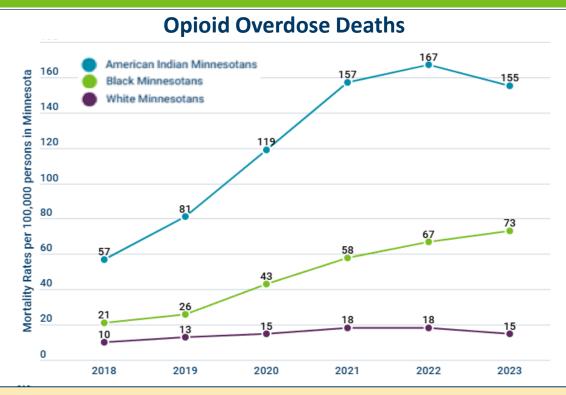
There are large disparities in populations affected by opioid overdose deaths.

Of all overdose deaths in MN:



were individuals released from a correctional facility within a year





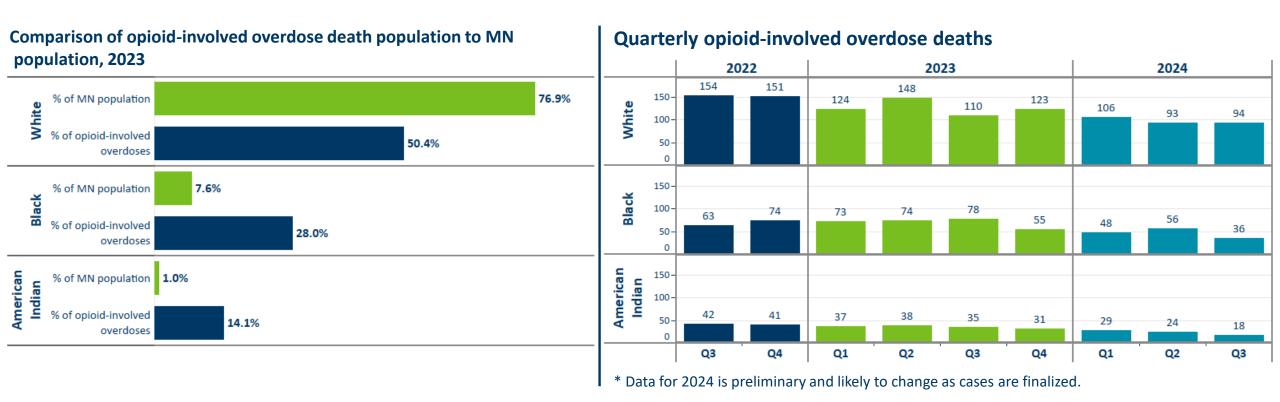
Compared to white Minnesotans who die of opioid overdose:

- 9 times greater death rate if you are
   Native American
- 3 times greater death rate if you are Black

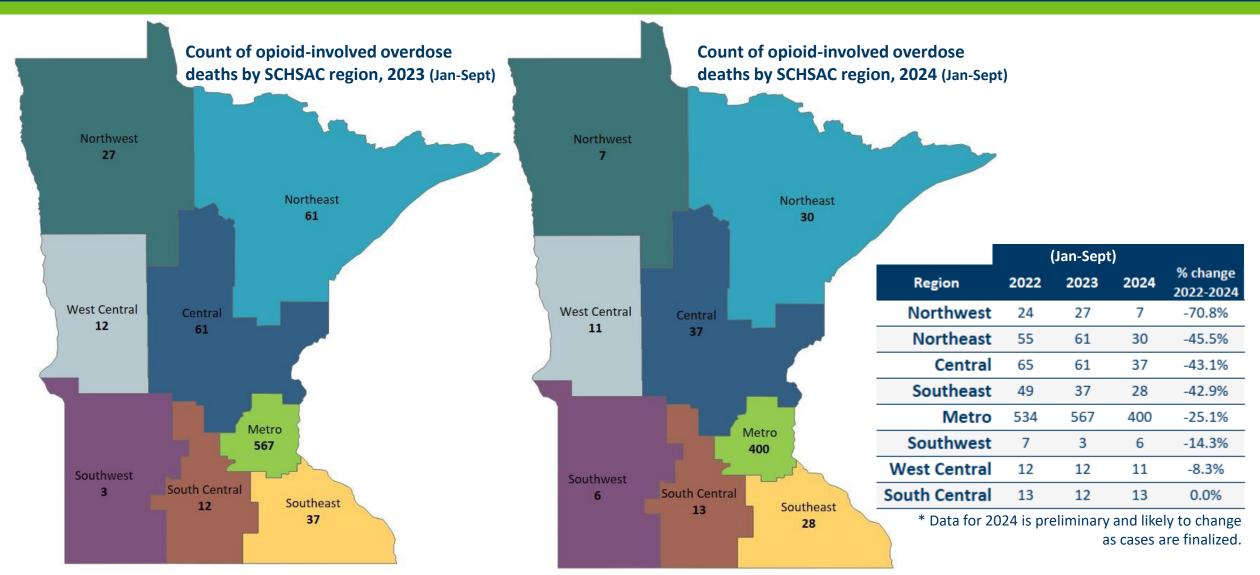
Source: Minnesota death certificates

# Opioid-involved overdose deaths, by race

Black and American Indian population are overrepresented in the overdose population compared to MN total population.



# Opioid-involved overdose deaths, by region



Source: Minnesota Death Certificates, Injury and Violence Prevention Section, MDH

# Opioid Epidemic Key Takeaways

- In 2023, 70% of overdose deaths in Minnesota involved at least one opioid
- Commonly prescribed opioids are no longer the major cause of opioid overdose deaths. Fentanyl is involved in over 90% of opioid overdose deaths
- The illicit drug landscape is changing and dynamic. People are increasingly unaware of what is in the drugs they consume. Significant amount of use is polysubstance
- Medications for Opioid Use Disorder (MOUD) are FDA-approved drugs that are proven to reduce substance use disorder for opioids. Most effectively used in combination with counseling and behavioral therapies
- Harm reduction is recognized as way to limit harms to communities and keep people alive to find a recovery pathway

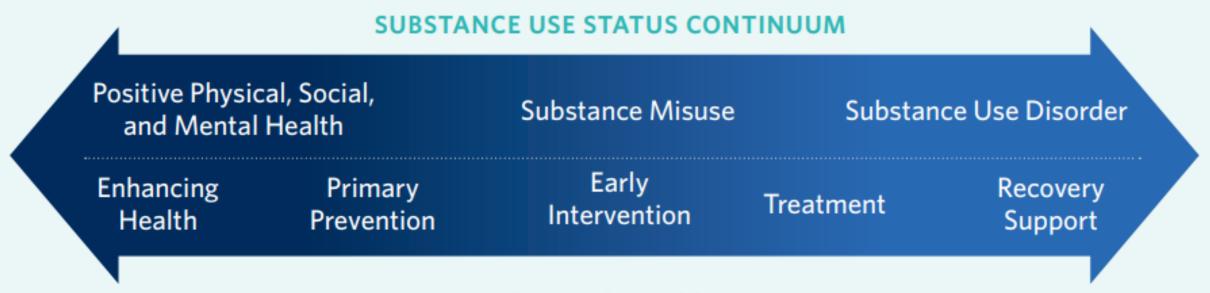
# State Agency Roles in Addressing Substance Use and Misuse

- **DHS:** Functions as both the state Medicaid Agency and Single State Authority for substance use and misuse, making it the largest funder of SUD services across the prevention, treatment, and recovery continuum. Supports OERAC in administering the state's share of opioid settlement funds, separately manages and administers federal State Opioid Response (SOR) grants SAMSHA Substance Abuse Block Grant; and manages the Behavioral Health Fund which ensures direct access to treatment services for Minnesotans who lack adequate insurance coverage. Acts as a key data partner.
- **DCT:** SUD provider of last resort; runs CARE facilities for individuals civilly committed for SUD. Many patients in other DCT programs such as MSOP and the Security Hospital experience SUD.
- MDH: State public health authority; grant funds SUD activities across the continuum with a focus on prevention, recovery, and the intersection of SUD with other public health issues such as suicide prevention, gun violence, and adverse childhood experiences. Supports workforce development, provides technical assistance, and overdose and epidemiological surveillance. Acts as a key data partner.
- **DOC:** Provides a continuum of substance abuse services to the 85% of its population with an SUD. One of the largest treatment providers in the state, in FY 2024 there were 1652 admissions to the SUD program and 79% completed treatment.
- **DPS:** Works both on the "supply" and "demand" side of substance use through law enforcement, regulatory oversight, multi-jurisdictional drug task forces, and public awareness campaigns. Office of Justice Programs seek to improve community safety and prevent harms associated with substance use. Acts as a key data partner.

# State Agency Roles in Addressing Substance Use and Misuse

- **DCYF:** Works to identify families affected by substance use and misuse, connect parents to appropriate treatment services, and provide specialized family-focused supports aimed at keeping families together while ensuring child safety.
- COM: Regulates the commercial insurance market; ensures mental health and substance use parity.
- MDE: Addresses substance use and misuse in schools through school health programs, model curricula, and statewide health standards. Funds recovery schools.
- **OHE:** Minnesota state college and university system is a primary source of behavioral health workforce development; addresses student basic needs including collegiate recovery.
- MMB: Robust research data, and evaluation measuring program impact and effectiveness. Acts as a key data partner.
- Office of Cannabis Management: Develop and regulates adult use cannabis market including some public health
  components such as product testing and potency limits. Also administers grant funding that can be used for prevention or
  recovery.
- Office of Addiction and Recovery: Staffs and leads the Subcabinet on Opioids, Substance Use and Addiction; provides cross-administration coordination and alignment; gives policy guidance to the Governor; supports agencies in implementation of key administration priorities and objectives; builds partnerships across jurisdictions and stakeholder groups.

## Substance Use Disorder Continuum of Care



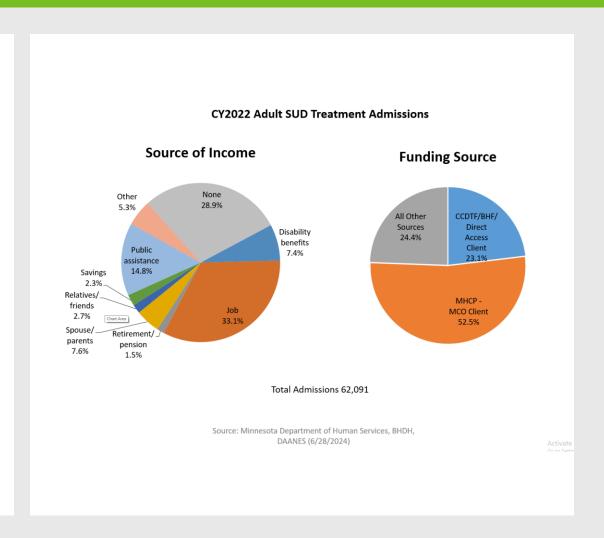
### SUBSTANCE USE CARE CONTINUUM

Source: Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health (U.S. Department of Health and Human Services, Office of the Surgeon General, 2016)

# Substance Use Disorder Financing

#### 4 major categories of SUD financing

- Medicaid—The workhorse of SUD response. Primarily funds treatment and some recovery. Forecasted program.
- Behavioral Health Fund—MN-specific program that covers behavioral health costs (primarily treatment) for individuals who are eligible for but not enrolled in Medicaid.
- State and Federal Grants—Broad category that includes specific state appropriations and federal grants from SAMSHA and other sources. Primary category of funding for prevention and harm reduction. Also funds recovery and some treatment.
- Opioid Settlement Funds—Shows up in communities primarily as grant funding. 25% of settlement dollars go to the state, 75% percent to counties and cities over 30,000.



# Examples of state efforts across the continuum

**Prevention:** Anti-poverty measures like the children's tax credit, community-based prevention support, culturally specific outreach, disrupting pathways to adolescent substance misuse, public awareness campaigns to reduce stigma and promote treatment and wellbeing

Harm Reduction: Naloxone funding and distribution, safe recovery sites, outreach programs, "Harm Reduction, Health, and Housing Hubs," drug checking programs, impaired driving public awareness campaigns

**Treatment:** Improving treatment quality by implementing American Society of Addiction Medicine standards into state law, expanding access to medicines for opioid use disorder, supporting traditional healing practices.

**Recovery:** Supporting peer recovery support specialists, recovery community organizations, recovery friendly workplace initiative.

# SUD Response Across Lifespan and Social Ecological systems

## Interpersonal

### Individual

Physical & mental health

Trauma & resiliency

Social emotional learning and skills

Perception of risk

Knowledge of public health and harm reduction

Withdrawal symptom management

Access to opioids

Attitudes and opinions towards substance use and pain management

Acceptance of medically assisted treatment (MAT)

Substance use identification and prevention education

Access to peer support and family support

Naloxone education and carrying

Family history of substance use

Access to culturally specific providers, peer networks, and behavioral health services

Community

Prescriber's perception of risk and prescribing practices

Drug disposal facilities

Access to MAT

Culturally specific providers

Access to Naloxone

Naloxone trainings

Public health and harm reduction programming

Societal

Stigma towards people who use drugs

Legislation that supports outreach services programs, MAT providers and services, and expansion of behavioral health services

Policies that promote access to culturally responsive and people-centered services

**Economic wellbeing** 

Housing stability

Health insurance coverage for mental health care and substance use treatment

Naloxone access protocol for pharmacies

Impacts of justice involvement on economic and social advancements



# **Key State Initiatives**

- DHS 1115 SUD Reform Waiver
- DHS/DOC 1115 Reentry Waiver
- DOC Jail Rules Rewrite
- MDH Comprehensive Overdose Morbidity and Prevention Act
- MDH Cannabis/SUD Prevention Grants
- MDE Statewide Health Standards
- Recovery Friendly Workplaces
- Naloxone Saturation