

MDH Role in Mandated Benefits Evaluations February 27, 2025

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The Health Economics Program at MDH

 The Health Economics Program (HEP) conducts research and applied policy analysis to:

Monitor changes in the health care market

Understand factors influencing health care cost, quality and access

Provide objective, technical assistance to policymakers

Our work is data-driven

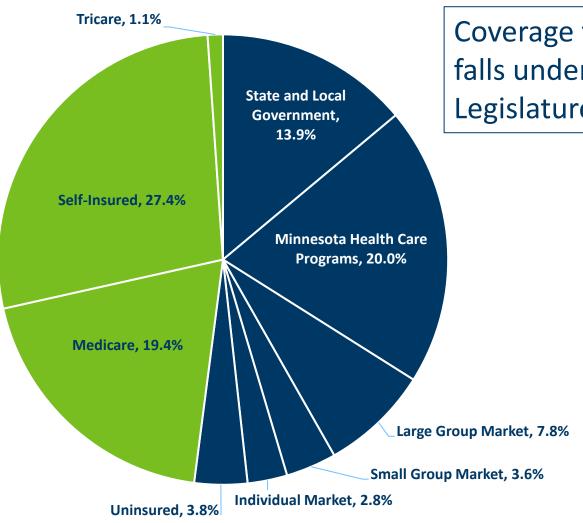
 It is available as reports, issue briefs, data dashboards, presentation slides & testimony



Outline

- Data points on Minnesota's health care market
- MDH's role in Commerce's mandate review
- Minnesota's All Payer Claims Database as a tool for health policy analysis
- MDH past work on benefit mandates

"Critical Mass"



Coverage for about 52% of the population falls under jurisdiction of Minnesota's Legislature ... but there is some nuance.

> Sources: MDH/Health Economics Program analysis of U.S. Census Bureau, historically trended Federal Bureau of Prisons data for MN facilities, Minnesota Health Care Access Survey, Health Plan Financial and Statistical Reports, Minnesota Department of Human Services, Minnesota Department of Corrections, Minnesota Department of Employment and Economic Development, Minnesota Management and Budget.

> Notes: Data may vary from other data sources due to break-outs between state and non-state jurisdictions. Data based on primary source of coverage. Incarcerated Minnesotans are included in the uninsured population.

> State & local government are ERISA exempt selfinsured payers, including SEGIP and PEIP Minnesota Health Care Programs includes Medical Assistance and MinnesotaCare. **Self-insured private health insurance** excludes state and local Government.

MDH Collaboration with Commerce for Evaluations of Mandated Benefits (Proposed and Retrospective)

- MN Stat 62J.26: Department of Commerce to evaluate and report the potential impacts of select legislative proposals that would require health insurers to add or increase coverage.
 - Consultation with MDH and MMB.
 - First year of evaluations was 2021-2022.
 - In 2023, additional requirement to do one retrospective evaluation per year (of existing mandated benefits) through 2028.
- Evaluations focus on potential fiscal, economic, and public health impacts of proposed legislation.



MDH Collaboration with Commerce for Evaluations of Mandated Benefits (Proposed and Retrospective)

MDH and Commerce (contractor team) meet to discuss bills

- Scope of evaluation
- Are MN APCD data a good fit?
- Identify subject matter experts (SME) at MDH and beyond

Define and refine analytic approach and data needs

- Eligibility for benefit
- Diagnostic (ICD-10) codes
- Procedure (CPT) codes
- Years of data
- Limitations/caveats

Produce analysis for each selected bill

- Aggregated data contributes to actuarial analysis:
 - Prevalence (eligibility)
 - Utilization
 - Allowed amounts
 (plan paid +
 patient share) per
 service and per
 member

Review evaluation report drafts

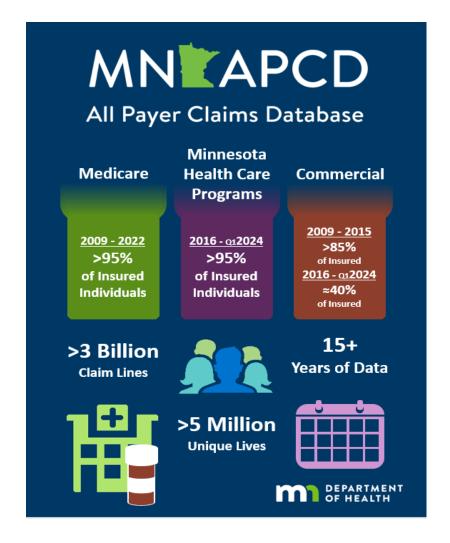
- Ensure accuracy of description of MN APCD data, including limitations/caveats
- Connect with SMEs as appropriate



2021-2022	2022-2023	2023-2024	2024-2025
Ectodermal dysplasia	Biomarker tests	Abortion services	MH services for children
PBM formularies/benefit tool	Clinician-administered drugs	Obesity management and treatment	Vasectomies
Breast cancer screening follow-up services	Unrestricted access for rare diseases	Intermittent catheters	Genetic testing/imaging for cancer
Flat-rate copayment-Rx	Biosimilar products	Dental coverage (cancer pts)	Maternal MH programs
Acupuncture	Infertility dx and treatment*	Prenatal, maternity, postnatal care	Gene therapy for SCD
Lymphedema	Cost-sharing limits for chronic conditions (Rx/DME)	Scalp/hair prostheses (cancer)*	OTC contraceptives
	Prescription drug rebates	Fire fighters	Powered standing systems
	Psych res treatment fac (PRTF)	Gender affirming care	Bowel and bladder mgmt. for SCI
	Self-measured BP devices	Orthotic/prosthetic devices	Inherited metabolic diseases
		Whole genome sequencing	
Bold denotes MDH contribution to evaluation		3-D mammograms (RETRO)	Chiropractic care (RETRO)

Minnesota All Payer Claims Database (MN APCD)

- Large scale data system that collects and integrates data from the process of paying for health care
 - Enrollment files, Medical and Rx claims (dental)
- Rich (deidentified) data for insured Minnesotans
 - Diagnosed conditions
 - Treatment delivered (procedures/drugs)
 - Servicing provider/type
 - Actual transaction prices (plan paid, patient share)
 - limited patient/member characteristics (age, gender, 5digit ZIP Code)



How is the Minnesota All Payer Claims Database (MN APCD) being used?

Health Care Spending

System
Efficiency &
Waste

Health Care Quality

Disease Epidemiology Health Care Market

Public Health

MN APCD Projects – Selected Examples

RECENTLY COMPLETED

IN PROGRESS

Minnesota Study of Telehealth Expansion and Payment Parity (Leg Report)

Health Care Spending, Prices, and Utilization in Minnesota (2018-2022) Non-Claims-Based
Payments and
Primary Care
(Leg Report)

Health Care Cost Drivers Dashboard

RAND Hospital Price Transparency Study

Snapshot of Sickle Cell Disease and Sickle Cell Trait in Minnesota

A Study of Low-Value Health Care Services in Minnesota (Leg Report)

Out-of-Pocket Health
Care Spending

<u>Publications Using the MN APCD - MN Dept. of Health</u>
<u>Minnesota Study of Telehealth Expansion and Payment Parity - MN Dept. of Health</u>
https://www.rand.org/health-care/projects/hospital-pricing.html

Potential for Ongoing Work

- Mandates vs. cost of insurance
 - Previous work estimated the individual & cumulative marginal effects of mandates
 - Concluded at the time that 88% of cost would materialize through voluntary coverage
- It may be important to understand the absolute/relative cost and trends of standard benefits (Rx, hospital, LTC)
- MDH is required to do the economic part of this analysis as part of the work of the Center for Health Care Affordability

June 28, 2005 Analysis of Reinsurance and Mandated Benefit Costs Minnesota Department of Health Sovernment Human Services Consulting

MARKE Marsh & McLennan Companies





Thank you & Further Resources

Health Economics Program homepage: MDH, <u>Health Economics Program</u>

Implementation updates: <u>Tracking Progress on Select Initiatives</u>

MN APCD homepage/dashboard: Minnesota All Payer Claims Database (MN APCD)

RxPT homepage/dashboard: Rx Price Transparency & Data

Health Care Market presentation slides: Chartbooks



The MN APCD Contains Only De-identified Information

What is in the data?

- Age at service date
- Patient 5-digit ZIP code
- Gender
- Diagnosis code & service procedure
- Duration of treatment
- Cost of service, including patient share
- Information on servicing/billing provider
- Health insurance payer

What is NOT in the data?

- Patient name
- Date of birth
- Social security number
- Patient Address
- Detail on income
- Clinical data from electronic health records